



"Hello! Probus Victoria Members, What a great response I have had for the first Tech Talk. Lot's of feed back. This month I will try and put some tips in for the

Apple users, which I was asked to do. I am an Android user myself. However a lot of our Probus members are not. AI has become the in thing to use. I have put some guides in the newsletter on how to ask AI for what you want and there is a free book to download. Just use your phone or tablet on the QR code. Ernie Brigham PAV webmaster

iPhone/iPad Diagnostics Mode

Apple devices have built-in diagnostic modes to troubleshoot hardware and software issues. **Procedure:** Turn off the device (wait 30 seconds).

Action: Press and hold both volume buttons (up and down).

Connect: While holding, plug the device into a power source/computer.

Initiate: Release buttons when the Apple logo appears, then tap "Start Session" when prompted.

Usage: This allows you to identify hardware issues (e.g., battery, sensors) and is often used for self service repair



Mac Apple Diagnostics

Procedure: Turn on your Mac and immediately hold down the **D** key on the keyboard.

Alternative: If D doesn't work, try **Option-D**.

Action: Release the key when a progress bar appears or you are asked to select a language.

Results: The system will check for hardware faults and provide reference codes.

Common Troubleshooting Steps

Force Restart: If the device is frozen, try a force restart first.

Safe Mode (Mac): Hold Shift during startup to clear cache and check for software issues.

Recovery Mode (iOS/Mac): Used for restoring software via a computer.

Key Tips

Ensure your iPhone/iPad is charged and connected to Wi-Fi for diagnostics.

If diagnostics fail on Mac, check your internet connection, as it may require an online connection.

To exit, restart the device normally.

Let Your iPad Read Selected Text to You



Do you want to give your eyes a rest? Let your iPad do the heavy lifting—or, in this case, the heavy reading—for you. The iPad can speak selected text to you, but first you need to turn this feature on in the [accessibility settings](#).

The text-to-speech feature is designed to help the vision impaired, but it can be very useful to most people. For example, the iPad can allow you to multitask by reading an interesting news article to you while you cook dinner.

To turn on the iPad's text-to-speech feature, go to **Settings > Accessibility > Spoken Content > Speak Selection** slider to turn it on. This setting adds a new **Speak** option to the menu that appears when you select text. You can also change the voice text-to-speech uses by tapping the **Voices** button within the **Spoken Content** settings. Meanwhile, the **Speaking Rate** can be adjusted to have the iPad speak faster or slower. If you think you may use this feature often, you can also turn on **Speak Screen**. This feature allows you to slide two fingers down from the top of the display to read the entire screen to you.

Speak Screen doesn't work so well with web pages where the top of the screen is filled with menus, but it works well with other apps like Mail. One great way to use the text-to-speech feature is within iBooks, where the iPad can read the book to you. This narration isn't quite as good as a book on tape, where the reader can give the right inflection to the words and sometimes even portray the character's voices. But, if you choose to speak the screen, the iPad will automatically turn pages and keep reading the book.



Find Any Files is a specialized file-searching application designed exclusively for macOS. It is not

available for Windows. Available for download on Mac App Store.

Alternatives for searching files on both Apple and Windows is "Search Everything" (by Voidtools) It is an easy-to-use search application that helps you find any file or folder stored on your



Windows computer. Find it in seconds. This is an easy-to-use search tool software, which can be used in multiple search modes such as quick search, network search, and full-scale log search. Available on Microsoft Store

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If you have something you would like me to address then just send

me an email and I will do the best to sort out an answer for you. My email address is. esbrigham@bigpond.com



Create strong passwords. What are the 5 rules for a strong passwords?

1. At least 12 characters long but 14 or more is better
2. A Combination of upper & lower case letters, numbers and symbols
3. Not a word that can be found in a dictionary or a name of a person, character, product or organization
4. Significantly different from your previous passwords
5. Easy to remember but difficult for others to guess. Consider using a memorable phrase like "6 Monkeys RLooking ^"

Prompt suggestions and ideas when you are asking AI to create something for you. The more information you can give AI the better results you will get.

Below are some considerations to think about when creating a prompt in AI.

Include direct commands using verbs like "write", "explain", or "compare."

Style: 3D, abstract, cartoon, cyber-punk, drawing, oil painting, photo, pixel art, pop art, or watercolour.

Exact subject: (e.g., when generating a dog, specify the dog breed).

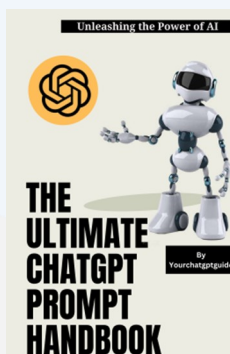
Texture: If the object or subject being generated has a specific texture, describe it in the prompt.

Action: What action is the subject performing?

Personality: Should the picture be funny, professional, or something else?

Condition: colour, format, lighting, and desired resolution.

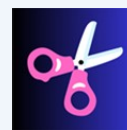
Where will it be used: album, blog, book, game, magazine, prototype, or social media.



QR CODE for this free book.



Image Resizer app



Resize images effortlessly with Image Resizer App. Streamlined for simplicity, it offers quick resizing options tailored

for both casual users and professionals. Image Resizer App simplifies the process of resizing images with its intuitive interface and powerful features. Whether you need to resize a single image or batch process hundreds, this app provides a seamless experience. Choose your desired dimensions, customize settings, and download resized images instantly. Ideal for photographers, designers, and anyone needing fast and efficient image resizing. Discover the convenience of Image Resizer App for your everyday image editing needs." This is available for iPad and Windows



Whenever text is [copied](#) from another [source](#), the [formatting](#) is kept when it is [pasted](#) into Microsoft Word. For example, if you were to copy

the text on this page and paste it into a Word document, **this text would remain bold**, and [this text](#)

[would remain blue](#). To remove the formatting in Microsoft

Word from any text, highlight the text and press the keyboard shortcut **Ctrl + Spacebar** in [Windows](#). This action sets the text to the default font and removes any formatting

and [links](#). **Note** Unfortunately, at the time of this writing,

there's no [keyboard shortcut](#) in [macOS](#) to remove

formatting. Instead, highlight the text, then on

the *Edit* menu, click *Clear*, then select *Clear Formatting*.

Alternatively, after you've copied text, but haven't pasted it

yet, you can use the [Paste Special option or Keep Text](#)

[Only](#) option in Microsoft Word to paste the text with no formatting.

Tip:

In the most recent versions of Microsoft Word, the keyboard shortcut **Ctrl + Shift + V** in Windows or **Command + Shift + V** in macOS can paste any text copied to the [clipboard](#) as [plain text](#).

Some great iPhone apps

Copy Me That

A quality homemade meal is one of life's greatest comforts, so whip up a tasty dish using Copy Me That. This multipurpose tool lets you organize, and manage recipes that you find online or input yourself. Customize your recipe collection with photos of your choosing, and organize them in whatever categories you want. The app is great for cutting through long-winded websites to get tight recipe copy, and it even provides a meal planner and shopping list to make cooking a cinch.



Evernote

Once you start using Evernote, this note-taking app becomes a powerful tool for organizing just about everything. Notes can be anything—text, images, audio, or a mix—and are organized into notebooks. One of its killer features is optical character recognition, which makes the text in images searchable. Cloud-storage makes it the perfect tool for organizing the little pieces of a project into a finished draft.



Microsoft Outlook (for iPhone)

Microsoft Outlook's light and flexible mobile email app supports nearly every email account you own, includes an integrated calendar, and provides a Focused inbox that only displays important messages. Frequently updated, the app includes an ancillary Apple Watch app and supports 3D Touch. Unlike the rest of Office Mobile, the Outlook iPhone app is totally free.



1Password

In addition to managing passwords and passkeys, you can *store credit cards, secure notes, banking info, medical records*, and anything else you want to protect also available for Windows.